



Stichting Alzheimer Indonesia Nederland

**Stichting Alzheimer Indonesia Nederland
Annual Report 2017.**

INTRODUCTION

The Stichting Alzheimer Indonesia Nederland is created as a foundation on 6 September 2017 with the objective to support Alzheimer and dementia projects in Indonesia through awareness raising, information provision and fundraising in the Netherlands. Before the official start the foundation already organized a number of activities, listed in this report.

The foundation supports the work of a similar foundation that was created in Indonesia in 2013, yayasan Alzheimer Indonesia. It aims to raise awareness about dementia, support people with the disease and their families and advocates for better policies towards the Indonesian government.

Dementia is a collective name for progressive brain syndromes which affect memory, thinking, behaviour and emotion. Dementia is mainly (but not only) a disease of the elderly and the leading cause of disability and dependency among the elderly. There are over 100 forms of dementia. The most well-known form of dementia is Alzheimer's disease, which accounts for 50-60% of all cases.

TWINNING

The Alzheimer associations from Indonesia and Netherlands (Alzheimer Nederland) started a three year Twinning project in 2017. Twinning is a format that was created by Alzheimer's Disease International (ADI), the global umbrella organization of Alzheimer associations. There are a number of these projects happening worldwide.

This project is supported with funding from the Dutch Ministry of Health, Welfare and Sports (VWS) and aims to improve collaboration and knowledge exchange between the countries. The main elements of this projects are

- Support for the ADI Asia Pacific conference in November 2017 in Jakarta, including a number of expert speakers from the Netherlands
- Capacity building for Alzheimer Indonesia
- Training of Indonesian volunteers in Dementia Care Skills
- Public event in Indonesia in 2018
- Support for awareness activities in the Netherlands through Stichting Alzheimer Indonesia Nederland
- Presentation of Twinning results at European Alzheimer conference in The Hague, Netherlands

OVERVIEW ACTIVITIES ALZHEIMER INDONESIA NEDERLAND 2017

World Health Day, 6 April

Alzheimer Indonesia Session - Indonesia Embassy Den Haag The Netherlands

- Introduction from Amalia about Alzheimer in Indonesia & it's operations/progress 2013-present and Nederland chapter from 2016 till present.
- Marc Wortmann (Executive Director ADI) share: Dementia a global issue
- Prof Sophia de Rooij share: Gaming as tools for medical students
- HE I Gusti Wesaka Puja (Indonesian Ambassador for The Netherlands) shares his personal experience with his professor that might be dementia.
- Around 50 attendees the session (Dharma Wanita Den Haag, Student Association/PPI Delft, Leiden. Den Haag and Eindhoven), Diaspora Community (with also their Health Task Force), Indonesian Citizen in The Netherlands, Journalist from NPO 1, Professionals in nursery house and dementia care.



18th May

**Ikatan Wanita Kreatif Indonesia
(Indonesian Woman Creative Club) Rotterdam.**

- Introduction from Amalia about Alzheimer in Indonesia & it's operations/progress 2013-present and Nederland chapter from 2016 till present.
- Explaining the status of Alzheimer Awareness in Indonesia.
- Showing video of Alzheimer's Indonesia activity in The Netherlands & Indonesia
- Showing Purple Troops Video
- Explaining 10 signs of Dementia



20th May

**Indonesia Day with PPI (Indonesia Students Association)
Groningen**

- Introduction from Amalia about Alzheimer in Indonesia & it's operations/progress 2013-present and Nederland chapter from 2016 till present.
- Explaining the status of Alzheimer Awareness in Indonesia.
- Explaining 10 signs of Dementia



15th, 16th and 17th September Pasar Raya Indonesia, Rijswijk – Den Haag

- Introduction from Amalia about Alzheimer in Indonesia & it's operations/progress 2013-present and Nederland chapter from 2016 till present.
- Brain quiz with Kuis otak dan layanan konsultasi dokter tentang demensia alzheimer oleh:
Tara P. Sani, M.D
(MSc Candidate in Dementia: Causes, Treatments and Research (Neuroscience) University College London) and Tania Marini Setiadi, M.D
(PhD Student at Department of Neuroscience, Cognitive Neuropsychiatry Neuroimaging Center, University Medical Center Groningen)
- Building community with Indonesian citizen in The Netherlands whose the family and parent has dementia problem in Indonesia.
- Explaining the status of Alzheimer Awareness in Indonesia.



20th September

Live Longer Well a benefit night for Alzheimer's Indonesia Groningen

- Introduction from Amalia about Alzheimer in Indonesia & it's operations/progress 2013-present and Nederland chapter from 2016 till present.
- Building community with Indonesian citizen in The Netherlands whose the family and parent has dementia problem in Indonesia.
- Explaining the status of Alzheimer Awareness in Indonesia.
- Showing video of Alzheimer's Indonesia activity in The Netherlands & Indonesia
- Showing Purple Troops Video
- Awareness of September is WAM



17th October

Ikatan Wanita Kreatif Indonesia (Indonesian Woman Creative Club) Rotterdam.

- Explaining the status of Alzheimer Awareness in Indonesia.
- Explaining 10 signs of Dementia



2-6 November 2017

ADI Asia Pacific Workshop and Conference, Jakarta – Indonesia

a lot of knowledge have been transferred. Speakers from the Netherlands participated in a number of plenary and parallel sessions:

Frans Hoogeveen	How to deal with BPSD
Myrra Vernooij	Learning abilities of people with dementia
Frans Verhey	Social Health and Dementia
	Dementia and Depression
	Memory Clinics: the Dutch Experience
Josine Engels &caregiver	Quality of Life of people with dementia, family
	Living and working well in nursing homes
Marc Wortmann	Overview of global dementia movement
	Young Caregivers meeting
Kees Blankman	Legal Aspect in Dementia (Dutch case study)
Amalia Fonk-Utomo	Moderator:
	○ Online training and support program caregivers (Anne Margriet Pot)
	○ Moderator IADL (Motoharu Kawai, Satoshi Ide, Yoshiyuki Kawano, Takehito Tokuda & Lucianp Fasotti)

Prior to the conference, the Dutch Embassy hosted with Deputy Ambassador Ferdinand Lahnstein have a reception and dinner on 2nd November 2017 for all speakers and representatives of Alzheimer Associations in the Asia Pacific region.



9 December 2017

Christmast Weekend Markets at Zinn Thuiszorg

12 December 2017

Christmast Weekend Markets at Senang Veldspaat Huiszorg

- Explaining the status of Alzheimer Awareness in Indonesia.
- Explaining 10 signs of Dementia



GOVERNANCE

Stichting Alzheimer Indonesia Nederland has a Board and volunteers. There is no paid staff. Board members by 31-12-2017 are:

Amalia Fonk-Utomo	Chairperson
Marc Wortmann	Secretary/treasurer
DY Suharya	Member and link with Indonesia

The website is <https://alzined.org/>

PLANS FOR 2018

The plan for 2018 is to organize a number of meetings in different parts of the Netherlands for the Indonesian community (diaspora) and Indonesian students, including events around World Health Day (April), Indonesia Day (August) and World Alzheimer's Month (September). More details can be found on the website <https://alzined.org/> and Facebook page <https://www.facebook.com/alzheimerindonesianederland/>

Further activities will be an exchange program between Dutch University Alzheimer Centers and the Atma Jaya University in Jakarta as well as a capacity building training in Indonesia for chapters of Alzheimer Indonesia.

FINANCIAL REPORT 2017

	(€)
Income	
Contribution Alzheimer Nederland Twinning project	6,000.00
Merchandise selling & Donation	313.00
Tickets event WAM 20/9	300.00
Donation notary and KvK costs (MW)	502.15
Total	7,115.15
Expenses	
Notary and registration KvK	502.15
Website	75.00
Promotion materials	832.85
Stationery	150.00
Transport	472.60
Volunteers, transport & meals	666.45
WAM event (band and venue)	3,699.00
Gratuity (souvenirs etc)	405.00
Donation Nursery homes visit Jakarta	100.00
Total	6,903.05
Balance	212.10

In kind contributions:

Indonesian Embassy – venue and catering 6/4
IWKI – Venue and Catering 6/4 and 17/10
PPI Groningen - Indonesia Day – Stand 20/5
Indonesian Embassy Pasar Raya – Stand 15-17/9
Zinn – Stand 9/12
Senang Veldspaat – 12/12