

## Further info

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## Medication Adherence in Elderly with Dementia during Covid-19 Pandemic

### Reasons why people are not adhere to their medication

1. People needs help from others to take their medicine
2. Any beliefs and habits from the past
3. A complex drug regimen
4. Poor communication between patients and health care
5. Lack of caregiver



# COVID-19 & DEMENTIA

- People with dementia are include in higher risk group of getting infected by COVID-19
- Home quarantine causes lack of social contact and limit access to health care
- It may reduce their adherence to medication

## Medication Adherence

### Why is it important to take your medicine correctly?

- To obtain the best outcome of the therapy or medicines

### How do I take the medicines in correct manner?

- Follow the instruction of the medicines

### What will happen if I do not take the medicine correctly?

- The medicines may give toxic effects or may not give any effects at all



**Social supports from caregivers or family members help people with dementia to adhere to their medication, especially in COVID-19 Pandemic**

## Medication Adherence & Dementia

- Hearing and vision problems cause poor adherence in people with dementia

### Common medication non-adherence

- Stop taking medicines
- Use less recommended dosage or overdose

### How can we improve the medication adherence for people with dementia?

1. Placed the medicine at the container box
2. Store the medicine in separate place

## During Covid-19

1. Remind them via call
2. Re-check their medication
3. Get the medicines delivered at home
4. Help to arrange online appointment with doctor
5. Support their mental health

More info at Youtube Alzheimer Indonesia Nederland ([https://youtu.be/-M\\_QrNdlGek](https://youtu.be/-M_QrNdlGek))